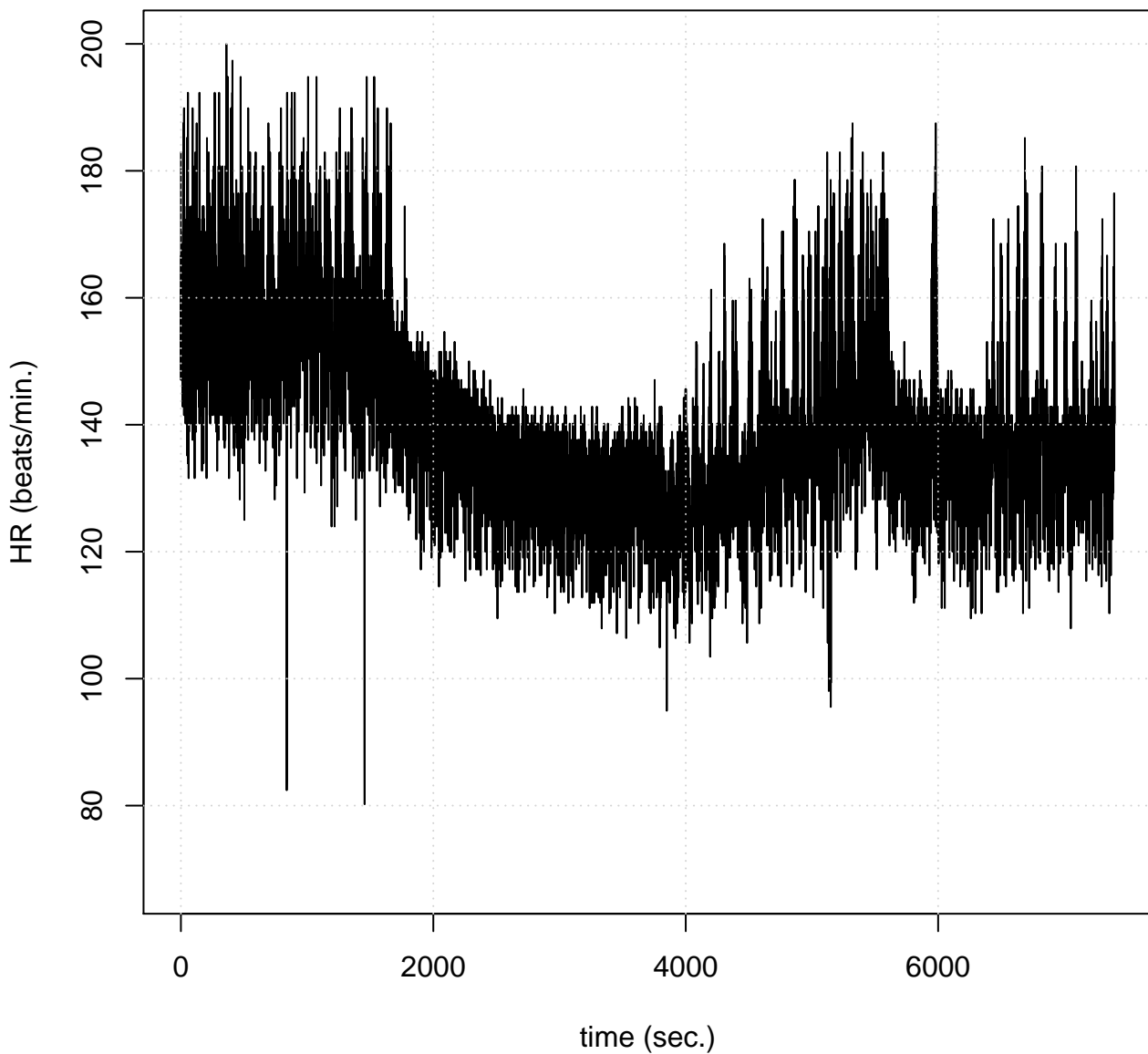
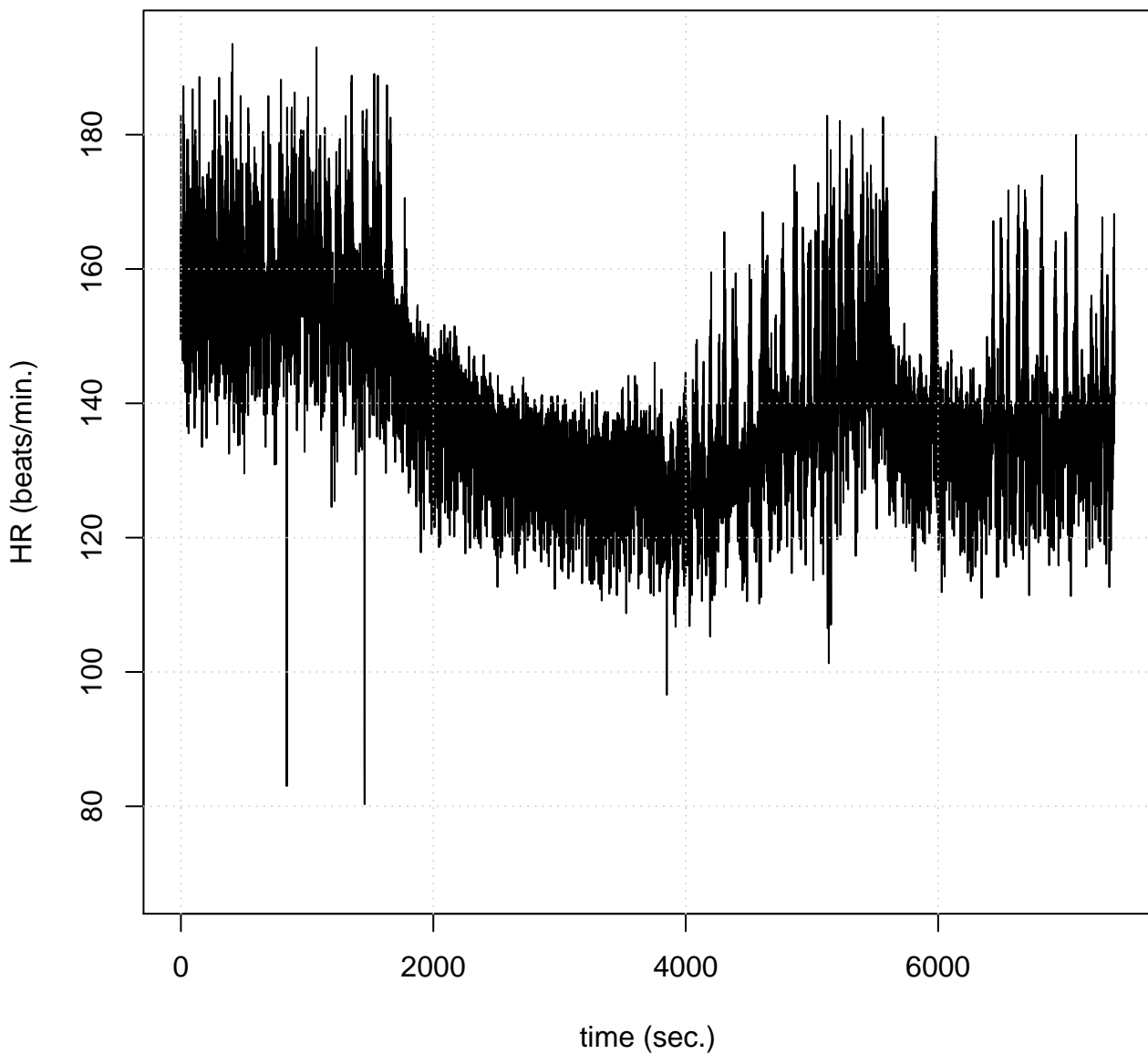


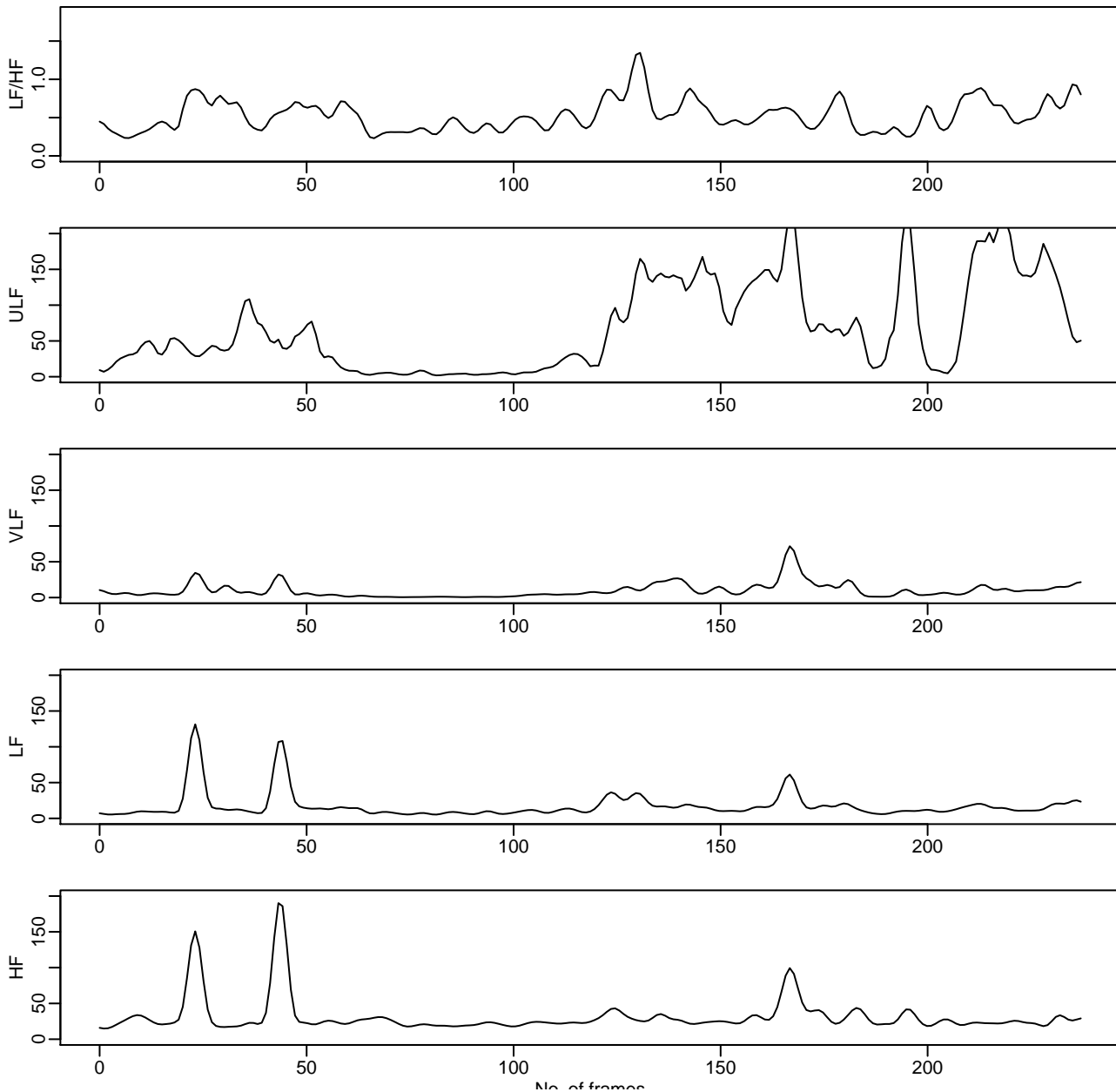
# Non-interpolated instantaneous heart rate



## Interpolated instantaneous heart rate



# Power bands of HRV



# Power bands of HRV

